

GRADE 8 YEAR AT A GLANCE

Getting Started:

1. Have students visit www.myBlueprint.ca, and enter their email and password to log in.
2. **Forgotten password?** Students can reset their passwords by clicking on the ‘Forgot your password?’ link in the green Existing User box.
3. **Forgotten email?** As a teacher/counsellor, you can reset your students’ emails and passwords in your Student Manager or My Classes.

MONTH	STUDENT ACTIVITY	RESOURCES
SEPTEMBER		
<p>Learning Goals:</p> <ul style="list-style-type: none"> ✓ to discover your personality type ✓ to increase your self-awareness and better understand yourself 	<p>ACTIVITY: Personality Survey</p> <ol style="list-style-type: none"> 1. Select Portfolios from the tab menu in the home section. 2. Add a new portfolio (+ Add Portfolio) titled ‘About Me Portfolio’. This portfolio will allow you to showcase your interests, passions, goals, and career interests. 3. Select Who Am I? from the navigation menu on the left hand side of your screen. Select Surveys 4. Complete the Personality survey and read the report 5. Add your Personality type to your About Me Portfolio 6. Write a brief reflection (Do you agree? Disagree? Why or why not?) <p><i>NOTE: The Learning Styles survey (Gr.7 activity) must be completed before you can do the Personality assessment</i></p>	<p>Lesson Plans:</p> <ul style="list-style-type: none"> - myBlueprint Who Am I Personality Activity - Multiple Intelligences
OCTOBER		
<p>Learning Goal:</p> <ul style="list-style-type: none"> ✓ to learn more about your interests and passions 	<p>ACTIVITY: Add 2 Boxes to your Portfolio</p> <ol style="list-style-type: none"> 1. Select Home from the navigation menu on the left hand side of your screen. Select Portfolios and click on your About Me Portfolio. 2. Add 2 custom boxes titled “WHO AM I?” and upload a picture or video of something that best describes who you are / what makes you happy / what is your passion? 3. Add a title and a description. 4. Add a reflection (why did you choose to share this? Why is it important to you?) 	<p>Lesson Plan:</p> <ul style="list-style-type: none"> - Who am I? - My Life Map


NOVEMBER		
<p>Learning Goal: ✓ to learn more about creating SMART goals and action plans</p>	<p>ACTIVITY: Goals <i>** Ideal time is after the students have received their progress report</i></p> <ol style="list-style-type: none"> 1. Select Menu from the navigation menu on the left hand side of your screen and select Goals 2. Add ONE (1) Academic Goal (short term) and include an Action Plan for how you intend to achieve it. This can be around Learning Skills or to improve on a specific subject area 3. Add this academic goal to your About Me My Portfolio 4. Add ONE (1) Other Goal (short term) and include an Action Plan for how you intend to achieve it. This can be about anything else in your life that you would like to improve on 5. Add your goals to your About Me Portfolio 6. Write a brief reflection about why you've set these goals (What are you trying to achieve? Why? How does it fit in a bigger plan?) 	<p>Lesson Plan: - myBlueprint Goal Setting Expectations</p>
<p>Learning Goal: ✓ to learn more about yourself and the person you want to become - the qualities and positive traits you want to have</p>	<p>ACTIVITY: Add 2 Boxes to your Portfolio</p> <ol style="list-style-type: none"> 1. Select Home from the navigation menu on the left hand side of your screen and select Portfolios. Click on your About Me Portfolio. 2. Add a Box called "WHO DO I WANT TO BECOME?" and upload a picture or video of something that best describes who you want to become – this is not an occupation, but rather a character strength 3. Add a title and a description. 4. Write a reflection on why you chose this picture or video <p>HOMEWORK: Share your portfolio with your parents so they can see what you've done so far</p>	<p>Lesson Plans: - How I View Myself and How Others View Me - Leadership and Coat of Arms</p> <p>Extension: Students can then identify their top character strengths and add this as a Custom Box to My Portfolio and add a Reflection.</p>

DECEMBER		
<p>Learning Goal: ✓ to explore and discover various occupations in the real world</p>	<p>ACTIVITY: Occupations</p> <ol style="list-style-type: none"> 1. Select Work from the navigation menu on the left hand side of your screen and select Occupations 2. To get started with the Occupations feature, Enter Opportunity Name or Keyword and click Search when you are ready 3. Pick THREE (3) opportunities that interest you and “favourite” them 4. Add the 3 occupations to your About Me Portfolio and write a brief reflection for each on why you chose the occupation 	<p>Lesson Plan:</p> <ul style="list-style-type: none"> - myBlueprint Occupation Hunt - Job, Occupation and Career Definitions - Famous Person Interview <p>Extension: Choose ONE (1) of your Occupation choices and find someone in the community that you can interview. <i>Media:</i> Record your interview and share with the class <i>Writing:</i> Write a report on the interview</p>
JANUARY		
<p>Learning Goal: ✓ to practice self-assessment and reflection</p>	<p>ACTIVITY: Review Goals</p> <ol style="list-style-type: none"> 1. Review goals set in November 2. Check off the completed boxes in your ‘tasks’ and / or reflect... how are they going? Completed? <p>ACTIVITY: High School</p> <ol style="list-style-type: none"> 1. Select High School from the navigation menu on the left hand side of your screen. 2. Select Add New Plan, name your plan and select what type of Diploma you wish to achieve 3. Click Add English to add your first course 4. Add all other compulsory courses that you plan to take as well as planning what electives are available 	<p>Lesson Plan:</p> <ul style="list-style-type: none"> - myBlueprint Transitioning to High School <p>Extension: Use the High School feature to design a pathway <u>before</u> you finalize your choices.</p>

	<p>5. Post this plan to your About Me Portfolio</p> <p>HOMEWORK: Share this plan with your parents and discuss your pathway options.</p>	
FEBRUARY		
<p>Learning Goals:</p> <ul style="list-style-type: none"> ✓ to practice self-assessment and reflection ✓ to develop or improve on time management and organization skills ✓ to keep track of potential placements and volunteer positions of interest ✓ to discover different opportunities available 	<p>ACTIVITY: Review Goals</p> <ol style="list-style-type: none"> 1. Review goals set in November 2. Check off the completed boxes in your ‘tasks’ and / or reflect... how are they going? Completed? 3. Set one new Short term goal and add one medium term goal that you would like to accomplish before the end of high school. 4. Add your goal to your About Me Portfolio and write a brief reflection about why you’ve set these goals (What are you trying to achieve? Why? How does it fit in a bigger plan?) <p>ACTIVITY: Add a box to your Portfolio</p> <ol style="list-style-type: none"> 1. Select Home from the navigation menu on the left hand side of your screen and select Portfolios. Click on your About Me Portfolio. 2. Add a Box called “WHAT ARE MY OPPORTUNITIES?” 3. Create / compile a list of places that you will go in order to gain your community service hours. Keep in mind your strengths and the things you love! 	<p>Lesson Plans:</p> <ul style="list-style-type: none"> - Time Management - What is Stress Lesson Plan: - Decision Making Process - Decision Mountain Extension: <p>When considering community service placements, do they require a back ground check, references, or experience? Look at some potential places and be prepared!!</p>
MARCH		
<p>Learning Goal:</p> <ul style="list-style-type: none"> ✓ to start tracking experiences, dates and key information 	<p>ACTIVITY: Resumes</p> <ol style="list-style-type: none"> 1. Select Work from the navigation menu on the left hand side of your screen. Select Resumes. 2. Add your Skills and Abilities (you can choose from a list by clicking on the ‘Add Skills from list’) button 3. Add any additional experiences that you’d like to record. 4. Add at least one Reference – start thinking about who you can ask to be a reference for you <p><i>NOTE: In grade 7, students are asked to add their Contact information; fill in the Education section, Extra Curricular activities, and at least two experience to the Hobbies and Interests section. If</i></p>	<p>Lesson Plans:</p> <ul style="list-style-type: none"> - Building a Resume - myBlueprint Resume Building Extension: <p>Find an online job application (or many) at locations / places that you would like to work at. Print them out and fill them in. Get some practice filling out the forms and start to see what kind of things you will need in order to</p>

	<i>they haven't done this, have students complete this requirement as well.</i>	get a job or be competitive.
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APRIL

<p>Learning Goal: ✓ to explore and discover various occupations in the real world</p>	<p>ACTIVITY: Occupations</p> <ol style="list-style-type: none"> 1. Select Work from the navigation menu on the left hand side of your screen. Select Occupations. 2. Enter Opportunity Name or Keyword and click Search when you are ready. 3. Find 3 Occupations that are not necessarily in your field of interest but you want to know more about. Click the heart in the right hand corner of the occupations box to add to your favourites. 4. Select favourites from the left hand side navigation menu. Choose two occupations that you would like to compare. 5. Compare them by clicking the  menu on the right hand side of the occupation you would like to compare. A drop down menu will appear. Select compare. <i>Repeat this process for the other occupation you would like to compare.</i> NOTE: At the top of your page you your compared items will appear. 6. Select the blue compare button to view a side-by-side comparison of your selections. <ol style="list-style-type: none"> a. Consider and compare the following: Level of education required b. Outlook c. Salary d. Number of years of post-secondary education (if this applies) e. Compare Important Skills 7. Add your top 3 occupations to your About Me Portfolio and use the reflection box to compare (Pros vs Cons) 	<p>Lesson Plans:</p> <ul style="list-style-type: none"> - Transferrable Skills - myBlueprint Skilled Trades & Apprenticeship - myBlueprint Science Occupations Crossword Puzzle Activity <p>Extension: Ask students to review job postings in each occupation and compare the skills required for each position</p>
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MAY

<p>Learning Goal: ✓ to practice self-assessment and reflection</p>	<p>ACTIVITY: Review Goals</p> <ol style="list-style-type: none"> 1. Ensure all goals created this year are added to your About Me Portfolio 2. Review the goals you created this year and write a reflection on progress/achievement/improvements for each goal 	<p>Lesson Plans:</p> <ul style="list-style-type: none"> - Overcoming Life's Obstacles - Oh the Places You'll Go
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JUNE

<p>Learning Goals:</p> <ul style="list-style-type: none"> ✓ to practice self-assessment and reflection ✓ to be active participants in creating their portfolio and showcasing their story 	<p>*CULMINATING ACTIVITY: My Portfolio</p> <ol style="list-style-type: none"> 1. Select Portfolios and click on your About Me Portfolio. 2. Add 2 more boxes – upload images or documents or link videos of something that happened to you this year that you would like to share (i.e. field trip, job shadowing, cool project, etc) 3. Write a reflection about why you wanted to share this experience 4. Look at your About Me Portfolio and all of the boxes you've added and ensure each box has a reflection. 	<p>Lesson Plans:</p> <ul style="list-style-type: none"> - Building a Career Portfolio - myBlueprint Creating a Portfolio
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Possible Guiding Reflection Questions:

- What have you learned about yourself?
- How does this change your thinking?